



Jordan Core Plate (JTCP2)



The Jordan Core Plate is easily attached to the floor. In combination with a rotating 50mm barbell, a three-dimensional mobility is achieved. This allows a variety of dynamic and highly effective exercises to be performed. An essential training tool for all fitness studios and personal trainers.

CHF 199.00

The Olympia barbell rod is inserted with one end into the large opening of the Jordan Core Plate, which can be swiveled both vertically and horizontally. With the optional Core Plate handle and weight plates, you get an effective T-bar rowing station.

- Suitable for 50mm barbells
- Heavy base plate with anti-slip rubber
- holes in the base plate for mounting to the floor (screws not included)
- solid steel screws for a safe movement
- durable design
- suitable for extreme workouts
- integrated anchor point for ropes or rubber bands
- space-saving
- suitable for studio use
- dimensions: L50 x D45cm
- rod holder length 50cm
- weight 22,5kg
- Options: Core Plate handle, Olympia barbell bar and weight plates
- barbell bar and weight plates not included
- available in grey or black