



## Jordan Portable Core Trainer (JTPCT)



The portable Jordan Core Trainer is easily attached to any standard Olympic disc. In combination with a rotating 50mm barbell, a three-dimensional mobility is achieved. This allows a variety of dynamic and highly effective exercises to be performed. An essential training device for all fitness studios and personal trainers.

**CHF 79.00**

The Olympia barbell rod is inserted with one end into the large opening of the portable Jordan Core Trainer, which can be swivelled both vertically and horizontally. With the optional Core Plate handle and weight plates you get an effective T-bar rowing station.

- the Core Trainer can be placed anywhere, because it is portable
- suitable for 50mm barbells
- can be used with standard olympic plates
- durable design
- suitable for extreme workouts
- space-saving
- suitable for studio use
- dimensions: L35,5 x W62 x D62cm
- bar holder length 20,8cm
- weight 4kg
- options: Core Plate handle, Olympia barbell bar and weight plates
- barbell bar and plates not included in delivery
- available in silver or black