



Jordan Elite barbell bar 220cm, 28mm grip, 50mm (JTPOB-86)



220cm Elite Olympia - barbell bar for 51mm plates - robust and hard-wearing bar made of spring steel with a durable hard chrome surface - can be loaded up to 750kg. Optimum weight and diameter to meet all competition standards. The perfect Olympic bar for explosive exercises such as snatches, deadlifts, deadlifts, rowing and overhead presses.

CHF 340.00

- LH bar 220cm brushed steel
- Spring steel (heat treated to HB400) with a durable hard chrome finish
- high-quality precision ball bearings with double knurling for smooth and reliable lifting
- for 51mm disks
- internal dimension 131cm
- target support 41.5cm
- handle diameter 28mm
- weight 20kg
- ideal for a range of strength-based full body exercises such as snatches, power cleans, clean and jerk, deadlifts, squats, overhead presses and many more
- Tensile strength of 185'000psi
- tested for weights over 750kg