



Life Fitness C1 Go ergometer



The C1 Lifecycle seated ergometer is the epitome of the research and innovation that has made Lifecycle ergometers the number one choice in gyms around the world. It is incredibly practical, quiet and smooth-running, making it the perfect introduction to the world of the famous Lifecycle seated ergometers. Combine the C1 with the Go console and you get an extremely user-friendly interface with the most important programs you need for long-term, effective fitness training.

CHF 999.00

Equipment:

- Eddy current resistance system
- LCD window (10.2cm x 15.2cm) with blue background and white lettering with display of calories, distance, speed (mph/km/h), level, time, heart rate, target heart rate, METs
- Workout profile window: 9 x 24 segments
- Training feedback window: message field with 16 characters
- Quick Start button for quick training start
- Programs: Manual, hill, random, EZ resistance, sport training, fat burn, cardio, heart rate hill, heart rate interval, extreme heart rate, calorie target, distance target, heart rate target, customized workouts (1 per user profile), race mode
- Energy saving mode
- 2 user profiles
- 20 difficulty levels
- Cool down mode
- Warm up mode
- Ergonomic road bike style grips
- standard upright seat
- 14 seat settings
- contact heart rate measurement (hand pulse sensors) on the grips
- self-balancing standard pedals with clip-in straps
- Power supply via mains connection
- Target price CHF 1'285.--



Application: Home use, payload: approx. 135kg
Device dimensions: L114 x W69 x H142cm, weight 47kg
Accessories: Pulse transmitter belt, hand pulse sensors, cup holder
Warranty: 2-year full warranty (CH Service)

Brake system: Eddy current resistance system
Current-dependent: Yes
Horizontal seat adjustment: No
Handlebar adjustable: No
Resistance levels: 20
Training computer: LCD display (10.2cm x 15.2cm) with blue background and white font
Displayed values: Calories, distance, speed (mph/km/h), level, time, heart rate, target heart rate, METs
Training programs: 12
Pulse-controlled programs: 3
User-defined programs: 2
Hand pulse sensors: Yes
Pulse receiver: 5khz
Multimedia: Water bottle holder, tablet holder
Accessories: integrated receiver for chest strap transmitter
Options: Floor protection mat
Dimensions (length / width / height): L 114 x W 69 x H 142 cm
Device weight: 47 kg
Payload: approx. 135 kg
Insert: Home
Warranty: 2 years full warranty (CH service)