



Life Fitness F3 Track Connect 2.0 Treadmill



Now with the new Track Connect 2.0 console - the F3 Track Connect 2.0 treadmill is the first of its kind: a foldable device that does not compromise on quality. It has all the features that have made demanding fitness enthusiasts around the world choose Life Fitness treadmills as their number one choice. The processing of the highest quality components guarantees years of durability even with extreme use. The F3 treadmill is so sturdy and stylish - it's hard to believe you can fold it up.

CHF 3'990.00

Combine the F3 with the Track Connect 2.0 console with control and entertainment features that keep you motivated and benefit from new personalization options that let you reach your goals even faster.

The Track Connect 2.0 console supports:

- the latest Bluetooth standards
- features the FTMS protocol with the new GEM 3 chips - the FiTness Machine Service Protocol, better known as FTMS, is the latest Bluetooth standard for controlling fitness equipment such as treadmills, bikes and rowing machines. The Track Connect 2.0 console now supports this FTMS protocol
- together with the integrated Apple Gym Kit, it is compatible not only with Samsung & Apple smart watches, but also with numerous apps such as Kinomap, Zwift, LFconnect and many other apps that use the FTMS protocol
- Apple Gym Kit - with the built-in Apple Gym Kit, you can easily and effortlessly connect an Apple Watch to the console. Simply touch the "Connect to Apple Watch" icon in the top right corner with the watch to connect and track workouts.

Features:

- 3 HP MagnaDrive drive system.
- FlexDeckreg:-shock absorption system
- collapsible deck with gas springs for slow descent
- microprocessor based PWM controller



- gradient electronically adjustable 0-12% in 0.5% steps
- speed electronically adjustable from 0.8-16km/h in 0.1km fine increments
- running surface 140 x 51cm
- 17.8cm LCD touch screen display, displaying time, speed (mph/ km/h), incline, pace, distance, heart rate, target heart rate, calories and METs.
- With iPhone and Android- log in from nearby via Bluetooth -when you enable Bluetooth on your mobile device, you can transfer workout data to an ever-increasing number of partner apps. Sync data with Nike+, Garmin, and MyFitnessPal via Wahoo's RunFit app, or enable Nearby Login on the LFconnect app to sync data with Apple Health, Jawbone, and Fitbitreg:. Plus, there's the option to connect the device with interactive apps like RunSocial to experience rousing workouts.
- 15 pre-programmed workout programs
- 3 Classic Programs: Manual, Random, Hill
- 3 Advanced Programs: EZ Resistance, Sports Training, Fitness Test.
- 5 HeartSync heart rate training programs: Fat Loss, Cardio, Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate
- 3 Goal-based workout programs: Calories, Distance, Target Heart Rate
- 3 individual training programs per user profile (4 user profiles can be created and saved)
- Quick start mode
- Warm-up mode
- Cool-down mode
- 4 user profiles
- Low profile GoSystem control panel on the handrails with 3 adjustable speed presets, 3 adjustable incline presets and one-button quick start
- Polar wireless heart rate monitoring
- Contact heart rate monitoring
- 1 medium density fiberboard
- 7cm crowned precision steel rollers
- side handrails and Ergo handlebars
- Transport rollers and height compensation
- Energy saving mode: reduces treadmill energy consumption by up to 90% when the F3 Go is on but not in use.
- iPod compatibility: iPhone 4, iPhone 3GS, iPhone 3G, iPhone: iPod Touch 4th, 3rd, 2nd and 1st generation: iPod Classic, iPod with video: iPod Nano 6th, 5th, 4th and 3rd generation.
- Life Fitness virtual access: create your own workout programs and track your results at www.virtualtrainer.lifefitness.com: connect to console via USB or app.

use: home use, payload: approx. 158kg

unit dimensions: L199 x W87 x H148cm, folding dimensions: L86 x W87 x H192cm, weight 120kg

accessories: pulse transmitter belt, hand pulse sensors, storage compartment, bookend

warranty: 2 years full warranty (CH service)

Engine power: 3 HP MagnaDrive drive system

Speed: 0,8-16km/h in 0,1km/h steps

Tread: 140 x 51 cm

Gradient: 0-12% in 0.5% steps

Training computer: 17.8 cm LCD touch screen display



Displayed values: Time, speed, incline, pace, distance, heart rate, target heart rate, calories and METs.

Training programs: 15

Pulse-controlled programs: 5

User-defined programs: 3

Hand pulse sensors: Yes

Pulse receiver: Bluetooth

Multimedia: Bluetooth interface, tablet holder, USB port

Foldable: Yes

Accessories: Pulse transmitter belt, hand pulse sensors, storage compartment, bookend

Options: Floor protection mat

Folding dimensions (length / width / height): L 86 x W 87 x H 192cm

Dimensions (length / width / height): L 199 x W 87 x H 148cm

Device weight: 120 kg

Payload: 158 kg

Insert: Home

Warranty: 2 years complete warranty (CH service)