## Shark Fitness AG Stores in Wettingen (ZH) and Wil (SG)

056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

## Life Fitness T3 Go Treadmill



The Life Fitness T3 Go treadmill combines form and function. Its sleek, elegant forms fit into any home and its patented features stand for comfort and safety. The T3 treadmill offers everything you expect from Life Fitness. With the Go console, you get an extremely user-friendly interface with the most important programs you need for long-term and effective fitness training.

CHF 3'390.00

## **Equipment:**

- 3 hp MagnaDrive drive system
- FlexDeckreg: shock absorption system
- · microprocessor based PWM controller
- gradient electronically adjustable 0-15% in 0.5% steps
- Speed electronically adjustable from 0.8-19km/h in 0.1km fine increments
- running surface 153 x 51cm
- Training computer with 10x15cm LCD display (blue backlit) and display of time, speed (mph/km/h), incline, pace, distance, heart rate, target heart rate, calories and METs.
- 13 pre-programmed workout programs are available for motivating workouts.
- 3 Classic Programs: Manual, Random, Hill
- 2 Advanced Programs: EZ Resistance, Sport Training
- 5 HeartSync heart rate training programs: Fat Loss, Cardio, Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate.
- 3 Goal-based training programs: Calories, Distance, Target Heart Rate
- 1 individual training program per user profile (2 user profiles can be created and saved)
- · Quick start mode
- Warm-up mode
- · Cool-down mode
- · Race mode
- 2 user profiles
- Low profile GoSystem control panel on handrails with 3 adjustable speed presets, 3 adjustable incline presets and single button quick start



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- · Polar wireless heart rate monitoring
- · Contact heart rate monitoring
- 1 medium density fiberboard
- 7cm crowned precision steel rollers
- · side handrails and Ergo handlebars
- transport rollers and height compensation

Use: home use, payload: ca.158kg

Unit dimensions: L202 x W87 x H146cm, weight 110kg

Accessories: pulse transmitter belt, hand pulse sensors, storage compartment, bookend

Warranty: 2 years complete warranty (CH Service)

Engine power: 3 HP MagnaDrive drive system

Speed: 0.8-19km/h in 0.1 steps

Tread: 153 x 51 cm

Gradient: 0-15% in 0.5% steps

Training computer: LCD display with blue backlight

Displayed values: Time, speed, incline, pace, distance, heart rate, target heart rate, calories and METs.

Training programs: 13

Pulse-controlled programs: 5 User-defined programs: 1 Hand pulse sensors: Yes Pulse receiver: 5khz

Multimedia: Tray, bookend

Foldable: No

Accessories: Hand pulse sensors, transmitter belt

Options: Floor protection mat

Folding dimensions (length / width / height): No

Dimensions (length / width / height): L 202 x W 87 x H 146cm

Device weight: 110 kg Payload: 158 kg

Insert: Home

Warranty: 2 years complete warranty (CH service) Features: FlexDeckreg:shock absorption system