



## Sponser Electrolytes 12 x 10 tablets of 4.5g



Sponser Electrolytes provides the minerals sodium, magnesium, calcium, chlorides and potassium to compensate for sweat loss, but virtually no calories. Additionally enriched with zinc, which supports normal fatty acid metabolism.

**CHF 66.00**

Intensive training requires an adequate supply of carbohydrates. However, if training in the basic range is completed or a line-conscious diet is in the foreground, an adapted carbohydrate supply is mandatory. Accordingly, when choosing sports drinks, the focus can only be on the electrolytes contained in sweat.

### Advantages

- With the electrolytes sodium, magnesium, calcium, chloride, potassium
- Zinc contributes to a normal fatty acid metabolism
- Less than 0.1 g sugar per serving
- Free of lactose and gluten
- Very good price/performance ratio

### Application:

To prepare a low-calorie sports drink, dissolve 1 tablet in 500-750 ml of water.

Packaging unit: 12 x 10 tablets à 4,5g

Flavor: Fruit Mix, Lemon, Blood Orange

Content: 540g