



Fluid Rower Viking Pro XL Water Rower Machine



The First Degree Fitness Viking Pro XL rowing machine with elegant and sturdy wooden design. The Viking Pro XL features First Degree's patented 2-tank resistance solution with **10 adjustable resistance levels** and **Bluetooth console**. The level on the console display adjusts to the tank level (Auto-Adjust). Adjustable water resistance and your own pull determines the intensity of your workout. The Viking PRO XL's extra-large, patented double tank allows for 65% more maximum resistance than Fluid Rower's rowers with the standard water tank.

CHF 2'790.00

Equipment:

- Resistance created by water resistance - Resistance created depending on the strength of the pull.
- 10 adjustable resistance levels (Adjustable Resistance (AR)) by means of a rotary knob - Fluid Rower's Viking Pro XL has a water tank with two separate chambers. There is an active and a passive chamber. Manually (in 10 steps), the water can be transported from the active to the passive chamber and vice versa by opening and closing integrated sluices. Only the water that is in the active chamber is moved during the training. The training resistance is built up on the one hand by the amount of water in the tank and on the other hand by the traction strength of the trainee.
- Auto-Adjust (level on console display adjusts to tank level)
- the intensity of the workout is determined by the adjustable water resistance and the user's own pulling behavior
- Handcrafted American ash wood with two layers of fine varnish
- 11,5cm high side rails
- User-friendly training computer: LCD display for training distance, training time, stroke rate, total distance, calories burned, watts, heart rate
- Bluetooth compatible for integration of rowing and fitness APP's
- integrated heart rate receiver
- tank made of unbreakable polycarbonate with a capacity of 9-17 liters - new tank design with 65% more resistance



- water wheel made of stainless steel
- space-saving elevation
- comfortable, ergonomic and smooth running roller seat
- ergonomic handle
- adjustable footrests with footstraps
- transport wheels

Use: home use to commercial use, payload: approx. 150kg

Unit dimensions: L214 x W55 x H54cm, folded up: L53 x W51cm, weight 38kg (without water filling)

Option: Bluetooth transmitter belt, floor protection mat

Warranty: home use: 1 year full warranty, 2 years on labor and spare parts; commercial use: 1 year on labor and spare parts (excluding consumables)

Fluidrower App is available:

Apple App Store

<https://apps.apple.com/nl/app/fluidrower/id1449683562>

Google Play Store

<https://play.google.com/store/apps/details?id=com.firstdegreefitness.fluidworkout>

Brake system: Water resistance system

Current-dependent: No

Training computer: LCD display

Training programs: Nein

Pulse-controlled programs: keine

Pulse receiver: Bluetooth

Rail system: Double rail

Accessories: No

Options: Bluetooth transmitter belt, floor protection mat

Foldable / erectable: Erectable

Payload: approx. 150 kg

Insert: Heinbereich bis kommerzieller Dauereinsatz