

**Shark Fitness AG** Stores in Wettingen (ZH) and Wil (SG) 056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

## AIREX Balance Pad XLarge, lava - L98 x W41 x D6 cm



The AIREX® Balance-pad XLarge is twice the size of the Balance-pad Elite and therefore offers а completely new perspective on balance training. With the introduction of the Balance-pad XLarge, a new range of exercises and their variations have been introduced, making training an even more challenging task. On the one hand, it has a unique wafflelike, non-slip texture on the top and bottom, and on the other hand it provides pleasant stimulation of the receptors in the sole of the foot during barefoot balance training. Due to its thickness of 6 cm, the Balance-pad XLarge has the desired destabilizing properties. The AIREX® Balance-pad XLarge is specially designed for use in the office.

CHF 134.90

- Extra long: gives your exercises space
- Unlimited application possibilities
- Waffle structure on top and bottom
- Can be used on both sides
- Body-warm and skin-friendly
- Hygienic thanks to Sanitizedreg: finish
- · Easy to clean
- hard-wearing and durable
- multifunctional use
- closed-cell, does not absorb dirt or moisture
- CE-compliant (93/42/EEC)

Experience a new dimension of balance training: the Balance-pad XLarge is approx. 98 cm long and offers almost unlimited application possibilities. Therapy and training goals can be achieved more quickly with the multifunctional Balance-pad XLarge. The destabilizing properties activate the brain's control functions. Thanks to its special material, the Balance-pad XLarge provides just the right amount of support and intensifies the effect of individual exercises. The Balance-pad XLarge is an ideal training



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device for both beginners and advanced users.

The Balance-pad XLarge is particularly suitable for exercises in the lateral position or in the quadruped position. The simultaneous support of hands and knees benefits not only the shoulders and hips but also the entire spine. The size of a step means that it can also be used for a wide variety of endurance exercises.

To increase comfort and safety, it is advisable to use an AIREXreg: mat as a base. Thanks to the sophisticated waffling of the surfaces, you also benefit from effective stimulation of the foot receptors when training barefoot with the Balancepad XLarge. This actively promotes blood circulation in the feet.

Dimensions: L98 x W41 x H6cm Color: lava

Medical purpose:

AIREX® products are designed as movement therapy aids for both institutional and domestic use. It is used as a support for a person during medically indicated and prescribed exercises to improve motor skills and balance or postural control and/or for the therapeutic exercise treatment of muscle weakness in the limbs and trunk as a result of a neurological or orthopaedic condition.

**Note:** Please check the surface for slip resistance before using Airex Balance products. We recommend using an Airex mat as a base to increase comfort and safety.