



Inspire by Hammer Ab Bar Additional Module (3644)



With the AB-Bar abdominal trainer, you can train your abdominal muscles specifically and effectively at the power stations. The high-quality additional module is ergonomically shaped and offers you support and comfort during training. In addition, the 2 integrated anti-slip handles provide a firm grip and optimal power transmission. A practical quick-release fastener makes it easy to attach the AB-Bar abdominal trainer to the power station. The AB-Bar abdominal trainer is versatile for abdominal training and provides you with a great additional benefit on the way to a washboard stomach.

CHF 159.00

- Additional module especially for abdominal training
- Simple and fast attachment
- Ergonomic pad for optimal force transmission
- Compatible with power stations with lat pull