



Trigger Point MBX

The strong and enormously stable MBX Ball from Trigger Point is perfect for selective treatment.



CHF 22.90

The MBX Ball simulates the pressure of the forearm and can thus provide a powerful massage stimulus. It can be used all over the body to target small pain points that are difficult to reach by other means. MBX Ball is harder than the normal massage ball and therefore does not lose its shape even under extreme stress. Use the MBX Ball on the floor, wall or any other stable surface to build up pressure on the desired body region. To achieve a deep effect on the muscles, the ball should be pressed for 5 seconds with sufficient strength on the desired region, because after this time the material properties of the ball change (it becomes softer).

The MBX Ball is perfect for treating the neck, shoulders, back, chest, piriformis, calves or any other area of the body that needs selective treatment.

Differences between MBX Ball and MB1 Ball:

- The MBX Ball is harder than the MB1 Ball.
- The MBX Ball does not lose its shape even under extreme stress.

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