## **Shark Fitness AG**Stores in Wettingen (ZH) and Wil (SG)

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## Trak Handle Sport



The Trak Handle Sport offers a rotating handle that allows the natural functional movement to be performed throughout the exercise routine.

CHF 149.00

The Trak grip Sport combines high quality materials such as fiberglass reinforced nylon and stainless steel with precision engineering. This results in the most versatile, comfortable and lightweight grip.

- Maximize the benefits by using the Muscles being involvedthrough the full range of motion (ROM)by the rotational movement
- eExtend the functionality of the existing cable traction devices
- Improve the neuromuscular efficiency and minimization of kinetic chain-dysfunction and injuries due to Standard cable handles
- Any Trak Handle Sport has a payload of 70kg
- Scope of delivery: 1 pair of Trak Handle Sport