



## 30kg punching bag cowhide professional



Training on the punching bag improves coordination and punching power, as well as endurance and stamina, and especially leads to the development of upper body muscles.

**CHF 390.00**

- 3mm thick quality cowhide
- double reinforced seams
- firm filling material
- color: black
- including chromed 4-fold steel suspension chain with swivel for centered and stable suspension
- mass: H100cm
- diameter 35cm
- weight approx. 30kg (+/-10%)