



28kg punching bag leather



Training on the punching bag improves coordination and punching power, as well as endurance and stamina, and especially leads to the development of upper body muscles.

CHF 189.00

- durable punching bag made of robust resistant quality leather
- double reinforced seams
- solid filling material
- color: black
- including chromed 4-fold steel suspension chain with swivel for a centered and stable suspension
- dimensions: H100cm
- diameter 35cm
- weight approx. 28kg(+/-10%)