



30kg punching bag Black Kick



Training on the punching bag improves coordination and punching power, as well as endurance and stamina, and especially leads to the development of upper body muscles.

CHF 149.00

- Durable punching bag made of tear-resistant imitation leather
- double reinforced seams
- solid filling material
- color: black
- including chromed 4-fold steel suspension chain with swivel for a centered and stable suspension
- mass: H100cm
- diameter 35cm
- weight approx. 31kg(+/-10%)