



50kg punching bag Black Kick



Training on the punching bag improves coordination and punching power, as well as endurance and stamina and leads to the development of upper body muscles in particular.

CHF 239.00

- Durable punching bag made from tear-resistant synthetic leather
- double reinforced seams
- firm filling material
- Color: black
- including chrome-plated 4-fold suspension chain made of steel with swivel for a centered and stable suspension
- Dimensions: H180cm
- diameter 35cm
- Weight approx. 50kg (+/-10%)