



Horizon Fitness Crosstrainer Andes 5.1



The sleek, stylish Andes Series elliptical combines performance and comfort to give you an intense yet joint-friendly total body workout. The ergonomic design allows for natural and effective workouts. And after the workout, the device can be folded effortlessly with just one handle to save space. The Andes 5.1 elliptical ergometer offers a total of 10 training programs, including one pulse-controlled, one (speed-independent) watt-controlled (25 - 400 watts adjustable in 5-watt increments) and one user program. The front drive as well as the wide and movable pedals support the natural motion sequence. Passport ready and Viewfit compatible for a varied workout.

CHF 1'590.00

DURABILITY MEETS COMFORT

Get the stability of a conventional elliptical combined with the space-saving advantage of the FEATHERlight folding system. Thanks to hydraulic support, you can effortlessly raise or lower the running rails. Enjoy a natural workout experience. With the six thoughtful design elements of our SIXSTAR frame, our ellipticals move in unison with you - not the other way around.

THE NATURAL ELEMENTS OF MOVEMENT

Enjoy a natural workout experience. With the six thoughtful design elements of our SIXSTAR frame, our ellipticals move in unison with you - not the other way around.

Features:

- motor-driven ECB magnetic brake system
- flywheel mass approx. 8,5kg
- FEATHERlight folding system with One-Step folding with EasyLift handle
- reinforced and noise optimized rails
- adjustment possibilities at the arm bars - Quick Control (console control)
- Training computer with 5.5 LCD window displaying time, distance, speed, calories, heart rate,



watts, resistance level, RPM, Cardio Compass HR display and profile

- Performance HR Wheel display
- Graphical display of workout profile
- 20-step electronic adjustment and display of selected resistance level
- 7 training programs (manual, interval, game, weight loss, endurance, hill, reverse training, random)
- 2 heart rate controlled training programs (target heart rate zone, %target heart rate)
- watt controlled training program (25-400 watt in 5 watt increments)
- user program
- direct selection buttons
- forward and backward motion sequence for different muscle demands
- ergonomic handle bars for upper body training
- Q-factor (pedal spacing): 20mm (ESQF) - The **Q-factor** describes the pedal spacing. Andes series models feature **ESQF** (Extra Small Q-Factor) with less than 100mm spacing. While for walking the pedal spacing is 120 - 150 mm, for running it is less and is 80 - 100 mm. A low Q-factor provides advantageous ergonomics during running training on the elliptical trainer.
- stride length 50,8cm
- Ascent height 26,6cm
- quick start
- non-slip treads
- dynamic motion pedals (APS)
- transport wheels
- height adjustment
- power supply through adapter
- energy saving mode
- Smart device holder
- Water bottle holder
- Sonic Surround speaker
- Audio In/Out jack
- Compatible with popular fitness APPs like @Zone, Kinomap*, Zwift
- Bluetooth FTMS
- @Zone APP* - compatible - with @Zone they can jog through exotic locations on virtual journeys, compete with people around the world, redefine their fitness with Sprint 8 HIIT, and keep challenging themselves with goal-based workouts. Workout progress can be documented to make progress visible. Those who like can even compare their own performance with the best @Zone users worldwide. The app can be downloaded now for free (App Store and Google Play).
- Kinomap APP** - compatible - the Kinomap APP turns training into a motivating, interactive training experience, whether alone or in competition mode. Over 170'000 varied track kilometers for the different sports have already been uploaded by users
- recommended guide price CHF 1'899.--

Use: home use, payload: approx. 136kg

Unit dimensions: L173 x W67 x H171cm, folding dimensions: L102 x W67 x H171, weight 78kg

Accessories: integrated receiver for chest strap transmitter, hand pulse sensors

Options: Pulse transmitter belt

Warranty: 2 years complete warranty

@Zone-APP*

The free @Zone-APP connects the smartphone or tablet (iOS/Android) via Bluetooth to the treadmill.



Low effort, maximum success - with the exclusive HIIT training program Sprint 8, amazing results in terms of overall fitness and fat burning are achieved with three short training sessions per week. **Once around the world** - Virtual Active synchronizes high-definition footage of real routes with the speed and intensity of the workout. The incline or resistance changes automatically to match the landscape profile on the screen. Monthly 300 minutes of this program are included for free in the @Zone app. **Target workout programs** - with the 5 goal-based workout programs (time, distance, calories burned, pace, and target heart rate), you can keep challenging yourself and target your performance. **Workout Tracking** - The workout history summarizes all data to document progress from workout to workout. If you like, you can even access the worldwide leaderboard to compare your performance with @Zone's top users.

Kinomap APP*

The Kinomap APP turns workouts into a motivating, interactive training experience. The APP has videos available for the cross trainer, ergometer, treadmill and rowing machine. Via Bluetooth, the Kinomap APP is connected to the training device. Pick a route and ride, run or row as if you were there yourself. The progress of the route can be tracked on the map. Since the videos are geocoded, the APP also adjusts the resistance (only on selected models) to the terrain profile of the training route. Train more than 170'000km alone or in competition with others - the Kinomap videos are uploaded by users. There are already more than 170'000 varied track kilometers available for the different sports. All videos are tagged with location data, so you can not only watch the video, but at the same time see on the map where you are and what the terrain profile looks like. The app also displays the most important training data during the workout, so you can keep an eye on your performance while running through Central Park, for example. The multiplayer sessions are also particularly challenging, where you can participate in public races or arrange to meet friends for a little race. Kinomap is available in a free basic version on both Google Play and the AppStore. There are different license models for the full version.

Brake system: Motor driven ECB magnetic brake

Flywheel: 8,5 kg

Current-dependent: Yes

Stride length: 50.8 cm

Gradient: No

Resistance levels: 20

Training computer: 5.5 LCD display

Displayed values: Watts, timing, training distance, speed, resistance, calories burned, heart rate, revolutions per minute and watts, HR Wheel, profile

Training programs: 7

Pulse-controlled programs: 1

User-defined programs: 1

Hand pulse sensors: Yes

Multimedia: Bluetooth interface, entertainment APP's, Viewfit compatible, Passport Media Player compatible, water bottle holder, tablet holder

Foldable: Yes

Accessories: integrated receiver for chest strap transmitter

Options: Transmitter belt, floor protection mat

Folding dimensions (length / width / height): L 102 x W 67 x H 171 cm

**The Shark
Fitness Company**



Shark Fitness AG
Stores in Wettingen (ZH)
and Wil (SG)

056 427 02 25
info@sharkfitness.ch
www.sharkfitness.ch

Dimensions (length / width / height): L 173 x W 67 x H 171 cm

Device weight: 78 kg

Payload: approx. 136 kg

Insert: Home

Warranty: 2 years complete warranty, 30 years on frame and magnetic brake

Features: FEATHERlight folding system with One-Step folding with EasyLift handle