



## Jordan Mini Aerobic Loop Set (JL-ABS)



Jordan Loops are self-contained bands available in a set of four different strengths. The Jordan Loops are an effective and versatile training element that can be used to improve strength and stability in the upper and lower body.

**CHF 18.90**

The Jordan Loops are ideal for lateral movement exercises, hip and buttock activation as well as shoulder stabilization.

- Effective and versatile training element for everywhere.
- resistance training for upper and lower body - ideal for lateral movements and shoulder stabilizing exercises as well as leg extensions
- One set consists of 4 resistance bands

The set contains four self-contained bands (loop) in the dimensions 440x50mm with four different strengths:

Level 1 (yellow)  
Level 2 (green)  
Level 3 (blue)  
Level 4 (red)