



## Body Solid Gravity Trainer (GINV50)



The gravity trainer of Body Solid relieves the overhead position recommended by orthopedists the intervertebral discs and relaxes the back muscles and has a beneficial effect on blood circulation. The inversion bench from Body Solid is suitable for up to light institutional use.

**CHF 499.00**

### Equipment:

- Training device to relieve the intervertebral discs and prevent back pain and muscle tension
- solid frame structure
- extra strong, high-quality padding, tear-resistant with double stitching
- perform athletic exercises such as abdominal muscle training (sit-ups)
- patented, ergonomically shaped foot adjustment mechanism keeps the user in place, ensures safety and stability, as well as comfort and ease of use
- safety device against unintentional turning over

Use: home to light institutional use, load capacity: 120kg

Machine dimensions: L140 x W71 x H162cm, weight 28kg

Warranty: 2 years on labour and spare parts (excluding consumables)