



Body Solid Soft Medicine Balls 2,7-13,6kg BSTSMB



The Soft Medicine Balls from the Tools Collection of Body Solid allow a varied training and are comfortable in the hand. The soft medicine balls do not bounce and can be thrown, caught or held for various exercises. They train explosive power, coordination and improve endurance. They can be thrown against the wall or used with a training partner. (Price from 2,7kg soft medicine ball)

CHF 64.00

- The soft shell construction of the Soft Medicine Balls absorbs impact while maintaining shape and weight balance, even with frequent use.
- all balls have a diameter of 35,6cm
- not suitable for medicine ball rebounder use
- Oversize promotes good posture while working the torso and aligning the shoulder girdle for throwing and catching
- The soft foam materials reduce the risk of injury during speed workouts

Soft medicine balls available in 10 weights:

2,7kg CHF 64.--
3,6kg CHF 68.--
4,5kg CHF 72.--
5,4kg CHF 76.--
6,4kg CHF 80.--
7,3kg CHF 84.--
8,1kg CHF 88.--
9,0kg CHF 92.--
11,3kg CHF 96.--
13,6kg CHF 100.--