



Hoist Fitness Dual Pulley Functional Trainer (HD-3000)



The Hoist Premium Line HD-Dual series is the ideal dual-function equipment line for those who want many features in a compact footprint. The HD stations offer a blend of excellent quality, intuitive operation, impressive biomechanics and ergonomics. With the Hoist Dual Stations, two different exercises are possible at a time. This saves space without sacrificing the workout experience.

CHF 5'450.00

Features:

- 5 grip options for pull-up exercise including patented Flip'N'Grip grips and climbing grips.
- Climbing aid to pull-up exercise
- Suspension trainer attachment option
- custom isolateral movement for unrestricted exercise (unilateral when both cables are connected)
- 27 positions (at 6.3cm intervals) for height adjustment of the pull-up parts
- quick adjustment of the traction parts
- 180° rotation of the pull handles
- space saving corner design
- 2 weight plates of 90kg each with a resistance of 45kg - ratio 2:1
- the 20 weight plates (with 90kg weight equipment) consist of 4,5kg weight plates, which result in a resistance of 2,25kg
- the ratio of 2:1 allows a very smooth workout, deeper weight increments and a larger range of motion
- weight magazine with protective cover
- instruction boards
- integrated accessory rack for handles and straps with storage for water bottle and tablet
- accessory rack for kettlebells, medicine balls included in delivery
- kettlebells, medicine balls not included in delivery

Use: home to commercial continuous use

Equipment dimensions: L130 x W182 x 233Hcm, weight 321kg

Accessories: integrated accessory rack, curl handle, long bar, 2 hand straps, foot strap, assist strap

Frame colors: Platinum or White

**The Shark
Fitness Company**



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Warranty: 2 years on labor and parts (excludes consumables such as pads, ropes)