



Powerline squat/dip/pull-up station (PVKC83X)



Leg lift, pull-up, dip and push-up station from Powerline for training the lower and oblique abdominal muscles, back muscles, shoulder muscles and biceps.

CHF 329.00

The Vertical Knee Raise machine from Powerline is designed to provide an intense ab workout while reducing stress on the lower back. Thick, comfortable DuraFirm back pads and armrests reduce fatigue and discomfort so you can work your abs in comfort. The dip handles are equipped with oversized hand grips for excellent tricep / deltoid / lower body training. Solid support and stability are ensured by heavy steel frames with 4-sided welded construction.

- Easy entry and access to the individual exercises
- Distance between dip bars 52.5cm
- Distance between the arm pads 45cm
- Pull-up bar 107cm
- Color: grey, padding: black

Use: home use, payload: approx. 130kg

Equipment dimensions: L94 x W66 x H211cm, weight 32kg

Warranty: 2 years on labor and spare parts (excluding consumables such as pads)