



Body Solid Power Rack Full Set (GPR378FB)



The Professional Power Rack GPR-378 from Body Solid in walk-in design including lat pull-down and rowing station with 95kg weight block and training bench offers maximum freedom of movement. With 20 different settings, the Professional Power Rack GPR-378 offers a wide range of training. The barbell and safety racks make training easy, effective and safe.

CHF 2'290.00

Equipment:

- Professional Power Rack with 20 barbell rack adjustment options.
- 20 positions for the safety rests
- built-in pull-up bar
- with lat/row traction attachment including lower traction device with 95kg weight block - maximum load on discs 40kg for total 135kg
- Exercise Bench GFID71
- Robust square tube frame construction 7 x 7cm, welded on 4 sides
- Color: grey

Training bench GFID71:

- extra strong, high quality DuraFirm seat and back padding, tear resistant with double stitching
- easily adjustable seat (6-way) and backrest (6-way)
- with transport wheels for easy relocation

Use: home use to commercial use, payload: approx. 400kg

Equipment dimensions Power Rack GPR378 with lat/row extension GLA378: L182,9 x W117 x H211cm, weight 230kg

Equipment dimensions Training Bench GFID71: L177,8 x W71 x H48,3cm, weight 52kg

Options: Dip attachment, J-hooks, disc stand, barbell, discs

**The Shark
Fitness Company**



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Warranty: 2 years on labor and spare parts (excluding consumables).