



Hoist Fitness Mi7 Dual Action Multi Press



The HOIST® Fitness MiSmith Dual Action Smith® is an innovative product from the HOIST Fitness MiSeries line. Perfect for users of all experience levels, the MiSmith features revolutionary patented technology that simultaneously creates horizontal and vertical bar movement and provides the benefits of free weight training with added safety and stability. The Ultra-Light Lifting System™ reduces the bar weight to 13.5kg, allowing for wider and more varied exercise options. While this multi-press is designed to provide maximum power and efficiency, it is elegant and the minimalist design offers a luxurious appeal

CHF 3'490.00

Features:

- simultaneous horizontal and vertical bar movement - the Mi7 Dual Action Smith features revolutionary patented technology that allows **simultaneous horizontal and vertical bar movement** to be created, combining the benefits of free weight training with added safety and stability
- Ultra-Lite Lifting System reduces Smith bar weight to only 13.5kg
- Electro-welded sturdy frame construction
- Commercial quality components including linear bearings and shafts provide smooth guided motion, less wear and more accurate power transmission
- polyurethane rack pads ensure noiseless weight placement and protect the bars and frame
- adjustable safety shelves
- plastic feet protect the floor
- free HOIST Strength App download with dozens of exercise examples and workout plans for the Mi7Smith

Use: home to light institutional use, payload: approx. 300kg

Equipment dimensions: L124.5 x B210.8 x H209.6cm, weight 175.1kg

Options: Discs

Warranty: 2 years on labor and spare parts.

**The Shark
Fitness Company**



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