



## Sponser Waxy Maize Starch 1000g bag



WAXY MAIZE STARCH (WMS) from SPONSER is a native waxy corn starch. It consists of long-chain carbohydrates, which results in a slower insulin response and thus increased fat metabolism. Naturally WMS is also lactose and gluten free and provides 88% carbohydrates. WMS is primarily suitable for ultra-endurance, this with the goal of being able to use all energy resources (as an individual addition in combination with other types of sugar and electrolytes). In weight training it is suitable for the mass phase. WMS is very soluble in cold water, unlike many other types of starch.

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In weight training it is suitable for the mass phase. WMS is very good cold water soluble in contrast to many other starch types. WMS has a neutral taste and is suitable for individual dosage and addition.

- 100% native starch, practically without its own taste and sweetness
- long-chain carbohydrate source = low insulin action, increased fat metabolism
- for individual dosage and addition
- also suitable for carboloading
- very well soluble in cold water

### Preparation:

For the preparation of a selfmade sports drink 30-60 g waxy corn starch together with 2 Salt Caps or in combination with other sugars and electrolytes.

Packaging unit: 1000g bag

Flavor: neutral

Content: 1000g