



## Lets Bands Powerbands Set TUBE



The powerbands set TUBE comes with three bands in different resistance levels and two padded anti-slip handles, for a maximum flexible workout. Ideal for strengthening and toning the upper and lower body. It transforms any space - on the go or at home - into the world's smallest gym.

**CHF 49.00**

The powerbands set TUBE by Letrs Bands guarantees a versatile, location-independent workout for the whole body, according to your individual needs.

This set offers three different resistance levels: Yellow TUBE = light resistance, green TUBE = medium resistance, blue TUBE = strong resistance. The ergonomic non-slip handles promise maximum comfort. The individual bands can be inserted individually into the handles and also shortened in length and to the desired resistance.

You determine the intensity of your workout yourself by simply changing and individually adjusting the resistance. The increase of the training can be tracked specifically and personally determined.

USE: Whole body training, warm-up, strength training, muscle building, stabilization exercises, stretching units, interval training.

With this set you get the smallest gym in the world at home and can train anytime and anywhere. Whether at home or on the road - nothing stands in the way of your workout.

- Ideal for strengthening and toning the whole body
- Suitable for every training level
- Quick change of the different bands/strengths
- Easy transport due to the light weight
- Makes every exercise much more effective

The powerbands SET TUBE contains:



- 3x interchangeable TUBES in light (yellow), medium (green) and strong (blue)
- 2x anti-slip handles
- 1x practical carrying bag
- 1x door anchor
- Free 60-day access to the Let's Bands Online Gym

The Tubes can be placed on the handles in seconds and just as quickly shortened in length, and thus to the desired resistance, if needed. The tubes have a length of 120 cm and diameters of 9 mm (yellow), 10 mm (green) and 11 mm (blue).