



Lets Bands Powerbands Set MINI



The powerbands SET MINI allows you to perform numerous exercises and workouts and thus effectively train the whole body. Ideal for activating, strengthening and toning the abdominal, gluteal, leg and shoulder muscles.

CHF 18.90

With the powerbands SET MINI a variety of exercises can be performed in a very small space. The combination of all powerbands MINI allows a very varied workout in different difficulty levels. With this set you are perfectly equipped to perform an intensive full-body or abdominal-legs-buttocks workout. In addition, the powerbands MINI are suitable for the regeneration of knee and shoulder injuries. You can start your workout with the powerbands MINI anywhere and anytime: In terms of flexibility and training location, there are no limits for you.

To ideally expand your training possibilities, we also recommend our powerbands MAX. This is suitable for intensive strength training as well as for stretching units. **OUR RECOMMENDATION:** With the powerbands SET MAX you have a whole gym in your pocket - for an unbeatable price-performance ratio.

ATTENTION: Beware of latex allergies. Our powerbands are not latex free!