



SKLZ Pro Bands



Many exercises can be intensified by resistance. The SKLZ Pro-Bands are small and handy and can be taken anywhere or easily stowed away. Already during warm-up they can be installed and help to warm up the muscles or to develop strength and flexibility.

CHF 9.90

- Professional resistance band, 100cm, available in 3 resistances (light, medium, strong).
- High quality material developed for constant use at home, but also in training centers
- For effective and safe building of upper and lower body strength.
- Also suitable for flexibility and recovery exercises.
- Ideal also for assisted chin-ups or pull-ups or to add resistance to popular exercises such as squats or bench press.