## SKLZ Corewheels



Take your forearm, push-up and core exercises to the next level with the dynamic COREwheels core trainer. The moving wheels on both sides destabilize your movements and encourage your shoulders, core and hips to work harder than ever. Features ergonomic foam grips and lightweight design.

CHF 54.90

- Dynamic Core Trainer
- Extend traditional forearm support and push-up exercises
- Strengthen your torso (shoulders, upper body and hips) through a variety of exercises
- Wheels on both sides move simultaneously for increased safety and ground control
- Lightweight and portable ergonomic foam handles for comfort
- Manual in English