



SKLZ Trainer Ball



The SKLZ Trainerball was developed by professional trainers for top athletes. The surface features 16 strength and regeneration exercises. The illustrations include dynamic planks, core stability exercises as well as stretching and flexibility exercises.

CHF 54.90

- 16 essential exercise examples are printed on the ball
- 55cm diameter
- Designed by professional trainers for competitive athletes
- Portable and easy to transport
- Anti-burst construction (tested up to 225 kg)
- Very robust and phthalate-free
- Air pump included