



SKLZ Speed Rope



With its double ball bearing with steel pin, the SKLZ Speed Rope has a very smooth rotation. The rope is not very rigid, so annoying tangles and loops are avoided. The Speed Rope is ideal for intensive training sessions and exercises, such as double or triple unders.

CHF 39.00

- Double ball bearing with steel pin for max. rotation speed
- Coated rope for optimum durability
- Narrow, comfortable handles with 90-degree rope angle
- Length adjustable up to max. 300 cm
- Incl. practical clamp for the rope