

**Shark Fitness AG** Stores in Wettingen (ZH) and Wil (SG) 056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

## Inkospor X-Treme Recovery Drink 525g can



Glutamine drink with carbohydrates, taurine, minerals and vitamins for fast recovery after training.

CHF 29.00

Drink powder for the preparation of a cold drink with carbohydrates, glutamine, taurine, minerals and vitamins available quickly and for a long time. Dietary food for intense muscular effort, especially for athletes. With sugars and sweeteners (contains a source of phenylalanine). Not suitable for diabetics.

X-TREME RECOVERY has been specially developed for endurance athletes who need to quickly replenish nutrients and fluids after a strenuous workout. Only those who regenerate quickly ensure training success, avoid overtraining syndromes and can train again more quickly.

X-TREME RECOVERY provides L-Glutamine as well as a special carbohydrate-taurine transport matrix to absorb nutrients faster. The energy vitamin B1, which is especially needed after training, and the protective vitamin C as well as magnesium and the trace elements zinc and selenium are specifically balanced.

- High-quality carbohydrates that quickly replenish carbohydrate stores used up during exercise and provide the ultimate energy boost.
- L-glutamine, which compensates for the unavoidable loss of glutamine during exercise and thus supports regeneration, muscles and the immune system.
- Taurine to support performance and the immune system. Together with carbohydrates, taurine also creates a highly efficient transport matrix that moves nutrients as quickly as possible.
- Vitamins: Energy vitamin B1 is especially needed after exercise and supports protein metabolism and regeneration. Protective vitamin C, magnesium, zinc and selenium compensate for training losses and support the immune system.
- Particularly good tolerance.



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Ingredients: Maltodextrin, saccharose, dextrose, 13 % glutamine, 6,3 % taurine, acidifier: citric acid, acidity regulator: magnesium hydroxide, flavouring, anti-caking agent silicon dioxide, vitamin C, sweeteners: aspartame and acesulfame-K, zinc oxide, vitamin B1, sodium selenite, colouring agents: riboflavin and beta-carotene.

Packaging unit: 525g tin Flavour: Orange-Lemon

Content: 525g