



Polar H10 Heart Rate Sensor (92075957)



When it comes to accuracy and connectivity, the Polar H10 N heart rate sensor is the first choice. Monitor your heart rate with maximum precision and connect your sensor to a wide range of ANT+ and Bluetooth training devices.

CHF 79.00

The Polar H10 is the most accurate heart rate sensor in Polar history. It is designed for the highest demands and thanks to software updates always up to date.

Comfort and functionality

Polar H10 comes with the new Polar Pro chest strap: a soft textile strap with high-quality electrodes that accurately measure your heart rate and transmit it without interference. The soft material ensures a high wearing comfort. New silicone dots and an improved buckle ensure that the chest strap does not slip.

Software updates

Polar H10 is always up to date with wireless software updates.

Numerous options for limitless connectivity

Premium fitness apps, fitness devices, sports watches and smartwatches: the choice is yours when it comes to displaying your heart rate and tracking your workouts.

Two Bluetooth connections at the same time

You can easily connect your Polar H10 to two Bluetooth training devices at the same time: Your Polar watch + your cycling computer, your favorite fitness app + a fitness device, your Polar watch + a fitness device - depending on how you want to train.

ANT+ connection



Connect your Polar H10 to an ANT+ compatible fitness device, cycling computer or other training device. ANT+ and Bluetooth connections can be active at the same time.

Works completely standalone but also in conjunction with training devices and apps

Polar H10 is the perfect complement to many training devices. Thanks to Bluetooth and ANT+, you can connect a wide range of devices - even several at the same time.

Training devices with Bluetooth and ANT+

Polar H10 offers you the best heart rate measurement with ANT+ and Bluetooth compatible training devices. The Polar product range includes several excellent Bluetooth products for different training needs.

Train with Polar Beat or other fitness apps

Pair Polar H10 with Polar Beat, Polar's free fitness and training app, and get real-time, accurate heart rate data directly to your smartphone. Polar H10 also works with many other premium fitness apps, so you have plenty of options.

Train in standalone mode

You can also record a single training session using only Polar H10. Just start a training session in the Polar Beat app, put your smartphone aside and you're ready to go.

- Accuracy - The Polar H10 is the most accurate heart rate sensor in Polar's history and is prized for its outstanding accuracy.
- Integrated memory with Polar Beat - **Polar H10 has an integrated memory for a single training session.** Recorded workout data can be transferred to Polar Beat, Polar's free fitness and training app, after the workout.
- Connectivity - The Polar H10 is compatible with fitness apps, sports watches and smartwatches, fitness equipment and many other ANT+ and Bluetooth devices. The Polar H10 can be connected to ANT+ and Bluetooth devices simultaneously.
- Suitable for swimming - Thanks to the 5 kHz transmission, your heart rate is also transmitted in the water.
- Comfortable to wear - The new Polar Pro chest strap ensures a high wearing comfort thanks to its soft material, the additional silicone points and a new, secure buckle.
- Software updates - Polar H10 is constantly improved through wireless software updates.
- Orthostatic test - The orthostatic test records your heart rate variability and provides you with data about your recovery status as well as tools for training optimization. Pair your Polar H10 with a compatible Polar sports watch to perform the orthostatic test.

Internal memory: yes

Chest strap: Polar Pro chest strap

BLE: yes

ANT+/5 kHz: yes

Update: yes

BLE connections: multiple

BLE Broadcasting: yes

**The Shark
Fitness Company**



Shark Fitness AG
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and Wil (SG)

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Battery life: 400 hours with BLE and active 5 kHz transmission

Water resistance: 30 meters

Colours: black

Size: XS-S (54-66cm), M-XXL (66-95cm)