



Fitwood wall bars AARNI white wood



For 200 years, Swedish wall bars have proven to be one of the best pieces of equipment for gymnastics exercises and training with your own body weight. Fitwood's AARNI wall bars show that this is still the case today. FitWood wall bars are designed in Finland and manufactured in the EU. They are designed to support an active lifestyle without compromising on design or sustainable values.

CHF 949.00

- Tradition that does not have to hide in the new design
- Baltic wood from sustainable cultivation and ethical Finnish production
- Almost endless options to develop agility and strength
- Ideal for children - a flawless combination of sport and play

If you're thinking about making a piece of fitness equipment a central piece of furniture in your home, your search has come to an end: the AARNI wall bars from Fitwood offer ideal workout options for everyone - beginners, heavyweight lifters and gymnasts alike:

- Pull-ups comfortably with the extended FitWood top rings
- Stretching and flexibility for back, legs and arms
- Abdominal exercises and sit-ups while hanging
- Push-ups with and without support
- Supported squats
- Calf raises
- For advanced users: muscle ups (if ceiling height allows), human flag
- By attaching resistance bands: various pulling and pushing movements for hands and legs, rehabilitation, support for pull-upshellip:
- Attaching children's or Olympic gymnastics rings: Bodyweight rowing and chest movements, dips, various strength and balance exercises for the legs.

If the park is ever not an option, spend your time on the wall bars instead of the couch. The same goes for the little ones. There's never been a better way to playfully develop your kids' coordination and physical strength - all within the comfort of your home.



The AARNI wall bars target two main problems with traditional wall bars. First, the positioning and shape of the pull-up bar has been improved: the horizontal distance of the rack has been widened here to provide more comfort and play space. Secondly: A single horizontal crossbar must be very wide and oval-shaped to avoid breaking - uncomfortable to use. The solution is two U-shaped loops that allow circular grips. All this in the mass of a standard powerlifting bar and with the warmth of natural wood.

We develop these functionalities without losing sight of our vision of Scandinavian design. The combination of CNC machining and traditional craftsmanship distinguishes our products from traditional transom walls. The AARNI wall bars by Fitwood are compact, descriptive and provide the world's best workout a wall bar can offer.

Weight limit: 150kg (330lbs) total or 100kg (220lbs) per side.

Finish:

wooden frame white wood

wooden beams white wood

Dimensions: W78 x D54 (lowest point) x H220cm

Spacing between rungs 17cm

Weight 21,5kg

Warranty:

2 years for home use

1 year in light institutional to commercial use

Mounting: Through the top and bottom support list to concrete wall or light wall support. Screws and anchors are included in the packages. Additionally, you will need your own tools. Mounting the wall bars only to a solid wall such as stone, concrete, solid wood (not suitable for lightweight wood or plaster walls).