



## Jordan Safety Squat Bar 50mm (JL-SFSB)

Training bar for optimal training of the upper and lower back, as well as for leg training. Ideal for squat exercises.



**CHF 249.00**

- bar length 220cm
- Handle length approx. 32cm
- Inner total length 133cm
- length neck pad approx. 28cm
- for 51mm discs
- payload 150kg
- weight 21kg