

Style Fit cable pull Essence with mirror



Multifunctional training with exclusive design - the premium training device for private or professional use - Made in Germany

CHF 7'950.00

Multifunctional strength training

Effective, varied and holistic - cable pulleys have always been part of the basic equipment in gyms, physiotherapy and home fitness. They enable versatile and targeted strength training. At the same time, almost all movements always address entire muscle groups, thus improving coordination and stability.

Functional trunk training

A strong body center - essential in all situations - through three-dimensional training with free and everyday movements, you activate and strengthen your trunk and supporting muscles. This ensures good body tension and an upright posture, improves your balance, prevents injuries and above all increases your general well-being.

Physiotherapy and health training

Gentle mobilization after injuries - ideal for training specifically tailored to the patient's needs. Thanks to the 2:1 ratio, the lowest selectable weight is 1.25kg per traction side.

- · Optimization of available space due to the small footprint
- The swiveling traction elements are independently and continuously adjustable.
- The distance between the cable pulls is 90 cm, offering an enormous training variety
- markings on the sliding rails allow easy adjustment of the height
- anodized aluminum profiles
- · wooden handle
- Thanks to the special weight block (87,5kg) the first weight steps can be adjusted in 1.25kg steps the following ones in 2,5kg steps. The minimum starting weight is thus 1.25kg per side

Shark Fitness AGStores in Wettingen (ZH) and Wil (SG)

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Timeless, effective, exclusive

Perfect for any environment - minimalist design and compact dimensions.

The idelae solution for exclusive home studios or hotels, spas and gyms that want to offer their customers an exceptional experience and an effective workout.

Unique design and perfect functionality

High training variety thanks to flexible adjustment possibilities - thanks to the specially developed mechanism, the pulling positions can be adjusted continuously and separately from each other and can be used on both sides as well as on one side. You can attach the most diverse accessories, such as cords or triceps bars, to the swiveling traction elements instead of the handles. Developed for intensive training sessions.

STIL-FIT cable pulley ESSENCE

The exclusive model with **mirror front** - thanks to the mirror you can control your posture at any time during the

training. The bar and the handles are made of oiled black wood.

Equipment:

Equipment dimensions: B140 x H210 x D31cm, total depth with pull elements 40cm, height with lat pull unit 225cm

Weight block: 87,5kg (15 weights aacute: 5kg / 4 weights aacute: 2,5kg / starting weight: 2,5kg

Total weight: approx. 150kg

Technical details Ratio: Ratio 2:1

Extension length in double pull: 2,2m Extension length in single pull: 3,2m Maximum weight per pull side: 43,75kg

Included accessories

- Handle with ball bearings and leather loops
- Footstrap
- Manual with exercise instructions