The Shark Fitness Company

Shark Fitness AG
Stores in Wettingen (ZH)
and Wil (SG)

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Powerball Multilight Autostart

Via a dynamo integrated in the rotor, the Original Powerball Multi Light lights up during training in changing colors through 6 LEDs. With integrated jump start! The patented autostart function helps to put the rotor into a comfortable acceleration and immediately start training. To do this, simply wind the rotation body in the direction of the arrow as far as it will go. Quite simply with the thumb or as with a wind-up car over the table top. You start this PowerBall without a starting cord. Tension the internal spring by turning the rotor, release and train. It couldn't be easier.

CHF 59.90

- 6 red/blue shining LEDs
- LEDs change color
- incl. wind-up mechanism
- unbreakable plastic housing
- non-slip rubber band
- resistance 230gr up to 16 kg
- diameter approx. 7 cm
- integrated dynamo
- rotor on stainless steel axle
- Improvement of the gripping force

The original Powerball Multi Light lights up during training via a dynamo integrated in the rotor. The special feature of the Powerball Multi Light is the changing color of the LED integrated in the rotor, depending on the rotation of the rotor: from red to mixed red-blue to just blue, the Multi Light shows the currently generated force.

The Powerball has excellent rotational stability, as each copy is electronically balanced. Its steel axle and unbreakable ABS plastic body provide stability, while the non-slip rubber grip strap provides a secure hold during exercise.

Function:

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The Power Ball is an effective training tool to strengthen and train the strength (muscles) of fingers, wrist, arms and shoulders.

Drive:
Drive by moving the wrist. When the wheel inside the ball is in motion, use the wrist as the axis and turn clockwise or counterclockwise. The faster the ball is moved, the stronger the momentum and the rotation generated. The speed can reach up to 14,000 revolutions per minute. By changing the speed of the ball, a gyroscopic force of up to 16 Kg can be generated.

Use as sports equipment:
Power Ball is a special training equipment for sports such as tennis, bowling, golf, basketball, table tennis, handball, badminton, rowing, climbing and many others. Here, Power Ball can significantly improve sports performance. Power Ball improves muscle condition, grip strength and coordination skills Power Ball can prevent tendonitis during special stress (playing piano, working on computer, etc.). Power Ball can relieve sore muscles, tendons and shoulder tension.

Use as a recreational and fun item:
Exciting variations and competitions increase the fun. Integrated speed indicator lets you compare your performance with others. Connection with the computer possible! The special light effect will attract your attention.

Advantages:
Power Ball is a small training device that has a fast training effect. Everyone can train with Power Ball (young people as well as older people). You are completely independent of time and place. With Power Ball you can train while talking to friends, watching TV, walking, riding the bus, standing, sitting etc. Training with Power Ball is fun. You decide which rotation you want to do: left-handed, right-handed, one-handed, two-handed, freestyle, etc.

Special features:
The rotation is computer calculated and therefore absolutely precise. The ball has excellent rotational stability. Rubber coating on the surface prevents it from rolling away easily and it fits better in the hand. Power Ball is made of extra durable plastic. The axle is made of steel and therefore can not break. Each Power Ball is electronically balanced.

Theory:
Gyro, application of centrifugal and inertial force.

Scope of delivery:
Original PowerBall Multilight with starting cord (therefore quick start for beginners - advanced players start the PowerBall by a quick movement with the palm of the hand)
PowerBall with German manual

Size: 7,1 cm diameter
Weight: 260g