



Body Solid Biceps Bomber BB23



The unique contoured design allows the arms and shoulders to be isolated while the back and elbows remain locked in the perfect curl position. The Biceps Bomber features a 450kg capacity woven nylon belt and a thick, oversized neoprene neck pad for total comfort. Dense elbow pads provide additional comfort and stability for a safer and more efficient workout. The Biceps Bomber can also be used to isolate the triceps. Perform triceps pressdowns or other high pulley movements with the Biceps Bomber to lock the elbows in place and increase focus and concentration throughout the movement.

CHF 49.00

- the Biceps Bomber from Body Solid to isolate the arm and shoulder muscles while the back and elbows are locked for an efficient biceps workout
- woven nylon belt
- thick, oversized neck and elbow padding
- payload nylon belt 450kg
- color: black