



Jordan Super SZ-Curl bar ball bearing 50mm (JTNB-48S)



Jordan Fitness ball bearing premium Super Olympic SZ curl bar with a durable, hardened chrome finish for 51mm pulleys. This Steel Series Super Curl Bar is the perfect barbell for biceps/triceps building. Train impressive biceps and triceps muscles with a variety of strength exercises including wide grip standing curls, standard grip curls and overhead tricep extensions. Build broad, strong shoulders with exercises such as the overhead shoulder press. An essential curl bar for all gym goers, from bodybuilders to swimmers

CHF 199.00

- SZ curl bar 120cm
- made of steel with a durable, hardened chrome surface
- for 51mm pulleys
- Internal dimensions 80.5cm
- Disc support 18.5cm
- Precision bearings guarantee smooth rotation with every stroke
- Handle diameter 25mm
- weight 10kg