



Body Solid Commercial Half Rack Package (SPR500P2)



The Body Solid Commercial Half Rack for free workouts with or without a bench. Ideal for Olympic lifts, deadlifts, squats and more. Package includes Body Solid SFID425 training bench.

CHF 1'599.00

- space-saving training rack
- height adjustable Premium J-Cup rests
- height adjustable safety rests
- integrated pull-up bar
- including training bench (SFID425)
- extremely robust frame construction with high stability

Available options for SPR500P2:

Lat/Row Attachment
Dip Station
Stability Ball Holder
Plyo Jump Platform
U-Link for Battle Ropes/Tubes
Bench Clearance Back Bar
Dual Chin Bar
Pin & Pipe Safeties
Power Rack Floor Mat
Band Pegs
Storage Tray
Dual T-Bar Row
Bar Holder/Storage for 2 Bars
Safety Shelves (2safety shelves included with SPR500)
J-Cups Bar Holder (2 J-Cup rests included with SPR500)
Cannonball Grips



SFID425 workout bench:

- sturdy frame construction
- easily adjustable seat (3 positions): flat, 10 and 18 degrees
- easily adjustable backrest (6 positions): flat, incline (15, 30, 45, 60 and 80 degrees), decline (-18 degrees)
- foot roller to hang in for negative bench press, abdominal exercises etc.
- extra strong, high quality padding
- with transport wheels and handle for easy change of location

use: home use to commercial continuous use, payload: approx. 450kg

accessories: 2 safety rests, 2 J-Cup rests, training bench SFID425

Options: Barbell bar, discs

Equipment dimensions SPR500: W134,6 x D127 x H226cm, weight 96kg

Equipment dimensions training bench: Equipment dimensions: L146 x W65 x H127cm, weight 36kg

Warranty: 2 years on labor and spare parts (excluding consumables)