



Body Solid Commercial Extended Half Rack Kit (SPR500BACKP4)



The commercial Body Solid Half Rack for free weight training with or without a bench. Ideal for Olympic lifts, deadlifts, squats and more. In addition, the upgraded version features weight supports and is the ideal fit for adding a variety of add-on options. Package includes a bench trainer, dip attachment, double pull-up bar and Cannon Ball grips.

CHF 2'599.00

The Body Solid Commercial Extended Half Rack has an additional extension with disc supports for weight disc storage. The rear extension is an ideal place for the optional rack (SPRST), U-connections (SR-UL) and many other options. The rear extension in conjunction with the Pin & Pipe Safeties (SPRPS) option is a great station for rack pulls and other exercises.

- height adjustable Premium J-Cup rests (SPRJC)
- height adjustable safety rests (SPRSA)
- integrated pull-up bar
- extremely robust frame construction with high stability
- 4 disc supports (50mm) for storage of the weight discs
- including training bench (SFID425)
- including Dip attachment (SR-DIP)
- including Dual Chin Up Bar (SPRDCB)
- including Cannon Ball Grips (SR-CB)

Available options for SPR500BACKP4:

Lat/Row Attachment
Stability Ball Holder
Plyo Jump Platform
U-Link for Battle Ropes/Tubes
Bench Clearance Back Bar
Pin & Pipe Safeties



Power Rack Floor Mat
Band Pegs
Storage Tray
Dual T-Bar Row
Bar Holder/Storage for 2 Bars
Safety Shelves (2safety shelves included with SPR500)
J-Cups Bar Holder (2 J-Cup rests included with SPR500)
Cannonball Grips

SFID425 workout bench:

- sturdy frame construction
- easily adjustable seat (3 positions): flat, 10 and 18 degrees
- single adjustable backrest (6 positions): flat, incline (15, 30, 45, 60 and 80 degrees), decline (-18 degrees)
- foot roller to hang in for negative bench press, abdominal exercises etc.
- extra strong, high quality padding
- with transport wheels and handle for easy change of location

use: home use to commercial continuous use, payload: approx. 450kg

accessories: 2 safety rests, 2 J-Cup rests, training bench, dip attachment, double pull-up bar, Cannon Ball handles

Options: Barbell bar, discs and many more

Equipment dimensions: W134,6 x D127 x H226cm, weight approx. 120kg

Equipment dimensions training bench: Equipment dimensions: L146 x W65 x H127cm, weight 36kg

Warranty: 2 years on labor and spare parts (excluding consumables)