

## Body Solid multi-handle bar for Power Rack SPR1000/GPR400 (SPRCUA)



The multi-grip pull-up bar from Body Solid is an option for the Power Rack SPR1000 and GPR400.

CHF 249.00

The multi-grip pull-up bar can be used to improve grip strength and achieve upper body and core strength. Unique muscle isolations are achieved through a variety of pull-up movements that can be performed from a variety of grip positions.

Dimensions: L107.5 x W40cm x H18cm

Weight: 9.7kg