



Body Solid Landmine Multigrip (LMMG)

The Landmine Multi Grip from Body Solid with three grip positions - neutral, wide and standard grips to isolate the upper body muscles.



CHF 109.00

- Long handle for full freedom of movement and maximum contraction
- Solid steel construction
- Handles for full extension and maximum contraction
- fits almost every olympic barbell rod
- 225kg payload
- L111.8 x W20.3 x H21cm (bulk delivery)