



## Sponser BCAA Instant Powder 200g can



BCAA Instant offers the 3 free amino acids (leucine, isoleucine, valine) in a 3:1:1 ratio in instantized powder form for optimal solubility.

CHF 29.50

BCAA INSTANT Cola by SPONSER contains the branched-chain amino acids leucine, isoleucine and valine. This in the optimal ratio of 3:1:1 in micronized and instantized powder form.

BCAA belong to the essential amino acids, which the body can not produce itself. In their function as amino acids and protein components, they support the development and maintenance of muscle mass.

In practice, they are often used during strength or endurance training or to increase the BCAA content of protein shakes (e.g. Whey Isolate). SPONSER now offers BCAA INSTANT as a ready-to-use flavored cola drink. The BCAA Cola Drink is additionally enriched with vitamins (against fatigue) and taurine (recovery promotion), which brings corresponding advantages especially in weight training.

### Advantages

- ratio 3:1:1 (leucine, isoleucine, valine)
- targeted supplementation of the 3 essential amino acids
- very good solubility
- vegan

### Directions:

take 2 scoops (6 g) + 200 ml of water during exercise. Use in sports drinks or shakes.

### Ingredients:

amino acids (L-leucine, L-isoleucine, L-valine), acidifier citric acid, color sugar caramel, taurine, flavor, vitamins (ascorbic acid, nicotinic acid amide, alpha-tocopheryl acetate, calcium pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, folic acid, biotin, cyanocobalamin), sweetener sucralose.

**The Shark  
Fitness Company**



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Packaging unit 200g tin  
Flavor: Cola, Neutral

Content: 200g