



Waterrower SmartRow



The SmartRow extension for the WaterRower provides 100% comparable rowing training data - completely independent of the monitor, directly to your smartphone. The SmartRow pulley is installed in the WaterRower instead of the first pulley and sends the rowing data to the SmartRow app via Bluetooth. The electronics inside the SmartRow measure the absolute force and stroke length to calculate your power output. By using the power curve, you can monitor every stroke and have the best feedback. Optimize your stroke length, peak force or total energy with every stroke! SmartRow stores all your training sessions, personal records and your fitness values, so you can keep track of your training.

CHF 249.00

With SmartRow, your training data can now be recorded even more accurately - and saved directly to your smartphone!

The special advantage of SmartRow is that the technology used makes all training sessions on every WaterRower comparable - completely independent of the respective water level and 100% accurate.

In addition, values such as time, distance, stroke rate and calories are also recorded and saved for each individual workout - allowing further improvements and hidden potential to be analyzed afterwards. The heart rate can also be read out and displayed.

The most important elements are the force exerted, the distance covered and the time required - a value is calculated from these three components and displayed in watts. Thanks to the built-in strain gauges, the most accurate results can be measured and displayed for the first time - making training sessions on the WaterRower completely comparable.

SmartRow is installed in the WaterRower instead of the normal pulley - the force used when rowing is transferred into a measurable unit via strain gauges (DMS for short). The rowing data is transmitted to the SmartRow app via Bluetooth.



Compare performance data with other WaterRower owners from the comfort of your own home, challenge your teammate to a 2-kilometre race in the boathouse or simply find your daily motivation by competing against the Tempo boat to break your personal best times.

Product details:

- with free SmartRow app
- incl. smartphone holder
- for iOS and Android
- for retrofitting
- already included with the WaterRower Performance ergometer
- A Bluetooth chest strap is required to transmit the heart rate
- not suitable for M1 rowing machines
- The assembly instructions are described in the SmartRow app
- Smartphone not included in the scope of delivery