



Per4m Juke 360 (JL-J360)



Per4mreg: Juke 360 is used to build explosive movement power and proper footwork technique during workouts. The Juke 360 helps build strength and endurance and improve movement, speed and flow.

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CHF 69.00

Resistance band for targeted training of the leg muscles and to increase explosive power. The resistance of the extremely elastic rope maximizes your workout. Suitable for partner sprint training.

- belt with protective coating (thermoplastic rubber rope)
- especially suitable for improving strength and speed
- extension of the resistance band from 244-610cm
- adjustable belt with freely movable ring for movements in any direction
- 10 different training cards for training and practicing

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