



## Hoist Fitness Mi6 Functional Trainer (Mi6)



The unique and stylish Hoist Mi6 is the innovation and aesthetics users have come to expect from premium Hoist Fitness products. The 360 degree rotating columns with a patent pending Integrated Adjustment System allow unlimited anatomical training exercises from different angles. The Mi6 Functional Trainer offers a full range of functional training exercises designed to maximize results. Ideal for health clubs, corporate fitness, hotels, personal training, physiotherapy or similar.

**CHF 4'490.00**

The Mi6 Functional Training System offers double Silent Steelreg: weight stacks with 360 degree rotating columns for complete freedom of movement. The patented Flip n Grip handles offer five pull-up grip options and the patent-pending Flip'n'Dip handles offer both narrow and wide dips.

### **Features:**

- 2 height-adjustable cable pulls (28 positions) for a variety of training options
- 360-degree rotating columns with a patent-pending Integrated Adjustment System allow unlimited anatomical training exercises from different angles for general strength training or sport-specific training exercises
- Split Weight Cabling provides 50% resistance against the pulleys for increased cable travel (289cm with hand straps)
- Two weight magazines allow left and right independent, isolateral or joint movements
- Electro-welded sturdy frame construction
- Plastic-coated steel cables from the aircraft industry
- multi-position pull-up bar with ribbed surface for a better grip
- 2 x 67.5 kg weight magazine made of high-quality black steel with weight magazine cover (optionally available - 2 x 22.5 kg additional weights)
- Quick-release adapter for fast, one-handed attachment of the handles
- Silent Steelreg: weight system eliminates metal-to-metal contact between the plates and guide rods for smooth and quiet movement
- commercial quality components including linear bearings and shafts ensure smooth movement,



less wear and more accurate power transmission

- plastic feet protect the floor
- Optimized design covers most hardware
- Minimal footprint
- right-angled frame construction fits into any corner
- integrated bottle and tissue holder, hooks and integrated recessed accessory rack provide practical storage space and storage options
- Adjustable tablet / mobile device holder
- Instructions in English
- free HOIST Strength app download with dozens of exercise examples and training plans for the Mi6 Functional Trainer

Use: home to light institutional use, payload: approx. 300kg

Equipment dimensions: L96 x W137 x H211cm, weight 277kg

Accessories: long aluminum bar, lined ankle cuff, 2 grip loops, long grip loop

Options: 2 x 22.5kg additional weights, discs

Warranty: 2 years on labor and parts (excluding consumables such as pads/cables)