



## Hoist Fitness Mi5 Functional Trainer with Functional Training Accessory Kit (Mi5)



The Mi5 Functional Trainer is Hoist Fitness' most compact and space-saving functional trainer. With patented technology, the Mi5 features two cable arms with two planes of motion. A unique three-point cable adjustment system allows for more than 1,000 cable adjustment variations. Ideal for health clubs, corporate fitness, hotels, personal training, physical therapies or similar. Included is the **Functional Training Accessory Kit** with the Mi5 back stabilizer, a long aluminum bar with rotating connection points, an aluminum curl bar, a lined ankle cuff, a long handle strap and 2 carabiner clasps. The Functional Training Accessories are the ideal complement to the Hoist Functional Trainer Mi5 and allow for a comprehensive and versatile workout.

**CHF 3'290.00**

Both arms can be moved vertically to 22 different height settings. In addition, each arm can move independently through 7 positions and 160 degrees to accommodate users of all sizes and heights.

- Silent Steel weight system eliminates metal-to-metal contact between the plates and guide rods for smooth and quiet movement
- 90kg weight magazine made of black high quality steel with weight magazine cover
- adjustable back stabilizer
- counterweight system for easy operation
- 2 adjustable roller arms with 7 horizontal angle settings of 80° above and 80° below the horizontal plane
- height-adjustable cable pulley with 22 adjustments at 5cm intervals (highest position at 196.8cm)
- quick release adapter for fast, one-handed hooking of the handles
- weight stack lock - weight stack locks allow cable to be used for bodyweight exercises - suspension training with sling trainer (maximum user weight is 112.5kg for bodyweight)



suspension training)

- integrated bottle holder and accessory rack provide convenient storage space
- adjustable tablet / mobile device holder
- split weight cabling provides 4:1 resistance to the pulleys for increased cable travel (406cm with hand straps)
- Foot rests for stabilization during seated and standing exercises
- Plastic feet protect the floor
- manual in English
- **included is the Functional Training Accessory Kit** (Functional Training Accessories) Mi5 back stabilizer, long aluminum bar with rotating connection points, aluminum curl bar, lined ankle cuff, long handle strap, 2 carabiner locks - the Functional Training Kit to Hoist Mi5 is the perfect addition for a comprehensive workout. The handles included in the Functional Training Kit enable versatile training of different muscle parts. The handles can be mounted easily and uncomplicated because the handles are equipped with a quick release device.
- Approximate price CHF 3'728.--

Use: home use to light institutional use, load capacity: approx. 300kg

Machine dimensions: L129,5 x W133,6 x H212,1cm, weight 200,5kg

Accessories: 2 handle straps, Accessory Kit - Functional Training Accessories (Mi5 back stabilizer, long aluminum bar with rotating connection points, aluminum curl bar, lined ankle cuff, long handle strap, 2 carabiner locks)

Warranty: 2 years on labor and spare parts (excludes consumables such as pads/cables)