



Tunturi Exercise Trainer Cardio Fit M30 (16TCFM3000)



The Cardio Fit M30 exercise trainer from Tunturi is a space-saving mini bike from the Cardio Fit Line.

CHF 99.00

The mini bike can be used for various fitness exercises with the legs as well as with the arms. The resistance is regulated by a knob.

It is very easy to train at home and the bike can be stored in the closet afterwards. The resistance is manually adjustable and a display shows the speed or optionally the number of calories burned. The mini-trainer can be used for various exercises and is non-slip thanks to stable legs. The feet are held just as firmly on the pedals, this thanks to pedal straps.

- Gentle workout for arms and legs
- Supports muscle maintenance
- Can keep the circulation stable
- The Mini Bike can be used for leg training and arm training and can be easily stowed away afterwards
- Depending on the fitness level, the resistance can be increased or decreased via the adjustment screw
- incl. training computer