



## Life Fitness Club Series + Recumbent Ergometer



The Life Fitness Club Series+ is built on over 20 years of reliability, innovation and insights gained from developing dependable cardio equipment used in fitness clubs around the globe. The next generation Club Series+ cross trainer is more solid and sleek than ever - but with the same proven durability. This completely redesigned and redesigned ergometer scores with intuitive technology, advanced features and a modern frame design that looks great and fits well in the home. New generation LED consoles - connectivity technology for Apple Watch® compatibility and Bluetooth® connectivity are integrated into the Integrity SL console. The Integrity SL console offers an intuitive cardio experience combined with the connectivity to fitness apps and wearables that exercisers have come to expect.

**CHF 5'290.00**

Several combination options for recumbent ergometers offer a comfortable and attractive experience for all groups of people. The Integrity series boasts a sleek and modern design and has its origins in over 20 years of reliability and innovation.

### **COMFORTABLE RIDE**

With the Comfort Curve seat, which has 42 precise seat settings, you can find the right position for you. And thanks to the self-balancing Wide Ride pedals with simple buckle straps, you can just get on and go.

### **ERGONOMIC RACING STYLE HANDLEBARS**

The handlebars are designed for cruising, hybrid and racing positions. Thanks to integrated resistance controls, you can easily make changes during your workout. The elbow pads provide additional comfort.



## **SMOOTH, QUIET RUN**

The generator drive system with 8-ribbed poly-V-belt resistance ensures smooth and quiet operation and requires little to no maintenance.

## **ADVANCED TRAINING TECHNOLOGY**

The intuitive touchscreen console provides a connected running experience. Your last workout is automatically saved so you can replay it and target improvements in your performance. You can challenge yourself with our latest workouts, which are automatically updated. You also have the option to track your progress over time and transfer workout data to your favorite apps via Bluetooth and NFC.

### **Features:**

- Generator drive system with 8-ribbed Poly-V belt for smooth and quiet operation and low maintenance requirements
- Brushed stainless steel ventilation detail
- 0-25 resistance levels
- Maximum resistance 500Watt
- Supportive front handle for easy ascent and descent
- Training computer with 18cm LCD touchscreen and display of
  - time, speed, distance, resistance, heart rate, calories
  - (with device holder/bookend)
- Extended measurement displays: Elapsed time, distance, cal/hr, METS, watts, average heart rate, max heart rate, time in zone, average pace, average rpm
- Language selection (English (US), English (GB), Spanish, German, Japanese, Dutch, Chinese (simplified), Chinese (traditional), Portuguese, Italian, French, Russian, Korean, Turkish, Polish, Finnish, Hungarian, Arabic, Catalan)
- Manual program
- Quick start function
- Hill program
- Random program
- Target programs: Time target, distance target, calorie target, heart rate target, METs target, watt target
- Resistance interval
- Workout replay - repeat a previous workout with just one click
- Trend training programs (compiled by the trainer, are updated automatically)
- Training history - view training data from the last 10 workouts
- Transfer of training data: via Bluetooth connection (device and chest strap), NFC (near field communication)
- QR code
- Direct selection buttons on the Deluxe handlebars to increase or reduce the resistance
- WLAN, BLE, Bluetooth® Classic, ANT+ and NFC enable connection to wearables, headphones, chest straps and more. The extensive console technology allows the athlete to train at will
- Apple Watch® automatically connects to Life Fitness devices so exercisers can track key training parameters such as heart rate, speed and calories burned
- Digital Lifepulse heart rate measurement with digital signal processing (DSP)
- Contact heart rate measurement (hand pulse sensors)
- Front castors for moving the device
- Height compensation for leveling for product stability
- 41 finely tuned adjustment positions for the seat



- High-quality Comfort Curve Plus seat
- Self-adjusting WideRide pedals with fixing straps
- 2 removable cup holders
- Accessory tray for smartphone etc.
- USB port: only for software updates and charging devices
- Headphone socket: 3.5mm port
- Robust paint (corrosion-, dirt- and chemical-resistant coating)
- Color: Arctic Silver
- Target price CHF 5690.--

Application: Home use to light institutional use, payload: approx. 181kg

Device dimensions: L179 x W66 x H131cm, weight 97.5kg

Accessories: integrated pulse receiver, transmitter belt, hand pulse sensors, storage compartment, bookend

Warranty: Home use: 2 years full warranty: Light institutional use: 1 year full warranty (max. 1000 hours per year) (CH Service)

Brake system: Generator system

Current-dependent: No

Backrest adjustable: No

Resistance levels: 25

Training computer: 18 cm LCD touch screen display

Displayed values: Time, speed, distance, resistance, heart rate, calories

Training programs: 11

Pulse-controlled programs: 1

User-defined programs: keine

Hand pulse sensors: Yes

Pulse receiver: 5kHz and Bluetooth

Multimedia: Bluetooth interface, USB port, entertainment APP's, water bottle holder, tablet holder.

Accessories: integrated receiver for chest strap transmitter

Options: Bluetooth transmitter belt, floor protection mat

Dimensions (length / width / height): L 179 x W 66 x H 131 cm

Device weight: 97,5 kg

Payload: approx. 181 kg

Insert: Home to light institutional use

Warranty: Home use: 2-year full warranty: Light institutional use: 1-year full warranty

Features: Generator drive system with 8-rib poly-V belt